

POSSIBILITIES
UNLIMITED



Psychology

Do you have mental ill-health or a psychosocial disability that has caused long-term challenges in your life?

If you or your child have Improved Daily Living in an NDIS plan, we can help support you on your journey to greater stability and wellbeing. Our psychologists will work with you to create a flexible plan that meets your needs and aligns with your goals for the future.



Registered NDIS Provider

We offer a range of services and supports to both children and adults. These are available in person or via telehealth. We offer support in a range of languages and access translation services where required.

Our psychologists can help you with:

- Anger and stress management
- Emotion regulation
- Concentration and attention difficulties
- Anxiety and depression
- Parenting difficulties
- Social and emotional challenges
- Trauma
- Self-injury
- Self-esteem
- Bullying
- Grief and loss

Community Solutions is a registered NDIS provider.

Community Solutions – making a difference in people’s lives, supporting each participant’s goals, and working with them on their pathway to possibilities.

For more information, call our friendly team:



1300 770 145



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