



# Specialist Behaviour Support

Some people with intellectual disability exhibit behaviour that can concern their family and friends. This behaviour may cause physical or emotional harm, or limit their ability to engage fully with the community.

Our Specialist Behaviour Support provides specialised support and training to people with a disability, their families and staff in situations where the needs of an individual are complex.

We employ multiple, evidence-based approaches to improve the person's wellbeing, overall quality of life and to reduce behaviour that can cause concern.

## ***Assessment, planning and support***

Depending on the needs of the individual, there are three types of Positive Behaviour Support Plans we can develop:

- Brief consultancy, assessment and positive behaviour support recommendations. This service is available where a rapid response is required to new or emerging situations.
- Detailed consultancy, assessment and development of detailed positive behaviour support recommendations. This includes training family members, carers and support staff in plan implementation and in monitoring the plan's progress.
- A detailed Positive Behaviour Support Plan, which is independently reviewed by another Specialist Behaviour Service Practitioner to ensure the plan is appropriate and effective. We liaise with formal and informal decision makers when consent for the use of restrictive practices is needed. We can provide ongoing monitoring of the effectiveness of the plan, including reassessment and review when needed.

Our team also provide human relations and sexuality education, detailed assessments of sexual knowledge and anger management training. Support can be on an individual basis or provided in small group settings.

All members of our Specialist Behaviour Support service have extensive experience and training in contemporary behaviour support practices and routinely help people with a range of disabilities, ageing and mental health conditions.

## ***Restrictive Practices Services***

In Australia, the use of behavioural interventions that limit human rights are being eliminated, in many areas through legislation and policy. Eliminating these interventions and replacing them with Positive Behaviour Support aims to promote human rights, individual wellbeing and reduce challenging behaviour.

Our Positive Behaviour Support Plans are fully compliant with State or Territory restrictive practice laws. These plans are designed to reduce the impact of challenging behaviour and improve the person's quality of life. The focus of these plans is promoting the best possible outcomes for the person with a disability, whilst ensuring that all lawful obligations are addressed.

***For more information,  
contact us on 1300 770 145  
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